



# Wyomissing Area School District School Start Times Update

*January 24, 2022*

*Rob Scoboria – WASD Superintendent  
Linda Bloom, MD, FAAP  
Karen Wang, MD, FAAP*

## Background

- Members of the medical community have provided research and data supporting the need for increased sleep for teenagers
- Local community members have voiced the need to adjust the JSHS students' schedule to better align to their developmental/biological needs
- Administration provided information on this initiative at the November 8, 2021 Board Committee Meeting.

## DELAYED SCHOOL START TIMES – POWERPOINT

Linda Bloom, MD. FAAP

Karen Wang, MD. FAAP

## Logistics Considered

- PDE Requirements
- BCTC Schedule
- WAEA Contract / Staff Schedules
- Transportation
- Clubs, Athletics and Extra-Curricular Activities
- Breakfast / Lunch Access
- Before / After School Daycare

## WASD Current School Day

	<b>JSHS</b>	<b>WREC</b>	<b>WHEC</b>
Student Day	7:34-2:15*	8:15 – 2:45	8:45-3:15
Teacher Work Day	7:25 – 2:55	7:30 – 3:00	8:00-3:30

\*JSHS Students can currently stay at 2:15 for club activities, make-up work, or to receive additional support from staff

## Proposed Goals

- Move JSHS student start time to approximately 8:15
- Maintain WREC and WHEC start times similar to current schedules

## Needs/Next Steps

- Provide communications and seek input from students, staff, and parents
- Collaborate with WAEA to discuss staff work day
- Revisit JSHS schedule to increase student participation in club activities and access to academic support or extension opportunities
- Consider a JSHS “Flex” period to meet student needs

## Proposed Timeline

- February-April 2022 – Focus groups, communication and collaboration with stakeholders
- May 2022 – Consider Board approval of school start times for 2023-24 school year
- June 2022-July 2023 – Organize school schedules, transportation services, employee schedules and PowerSchool scheduling program to support approved start times
- August 2023 – Implement revised school start times for 2023-24 school year