



# Wyomissing Area School District School Start Times Project Update

*November 7, 2022*

*Rob Scoboria – WASD Superintendent*

## Areas Reviewed 2021-22 School Year

- Input from WASD medical professionals
- Review of research
- Parent/Staff focus groups
- Student survey – PAYS 2019 & 2021
- Parent/Staff surveys

## **June 13, 2022 – Board Action**

### **Establish Intent for 2023-24, Direct Administration to Develop the following plans with staff input:**

- Bell schedules that include a delayed student start time at the JSHS and minimal changes for WHEC & WREC
- Bell schedules that meet or exceed PDE requirements for instructional time
- JSHS schedule that include a “Spartan” period, to expand participation in clubs, provide student access to staff for support and time for social/emotional learning (this is a flexible period that would be part of the daily schedule at the JSHS during the school day and would allow time for clubs, student support and academic extension, and SEL lessons of a six-day cycle)
- JSHS continues to provide challenging extra-curricular activities for students (including but not limited to music programs, theatre, athletics, etc.)
- K-12 transportation services aligned to support revised bell schedules
- Full access to BCTC programs and transportation services per revised bell schedule
- K-12 access to breakfast for interested students that arrive as walkers, via car rides and bus transportation
- Continuation of before/after-school daycare at WHEC and after-school programming at WREC
- Communications plan to share information with WASD stakeholders

## Fall 2022 Areas

- Staff group work and feedback
- Student focus group
- Review of draft JSHS schedule

# WASD Schedules at a Glance...

## WHEC NO CHANGE / WREC NO CHANGE

JSHS Current Schedule		JSHS Proposed Schedule
7:34	<b>Start of Day for Students</b>	8:05
7:34	<b>Start of First Class</b>	8:16
Daily – 11 minutes	<b>Homeroom</b>	Daily – 8 minutes
Eight Periods (41 minutes each)	<b>Instructional Periods</b>	Eight Periods (41 minutes each)
4 Minutes	<b>Transitions</b>	3 Minutes
2:15	<b>Last Class Ends</b>	2:35
2:15 – 2:55	<b>Optional Activities Period</b>	2:35 – 3:05
3:00	<b>Late Bus</b>	3:10

# JSHS Draft Schedule

## JSHS 8:05AM Start Activities Period Remains

A LUNCH		B LUNCH		C LUNCH	
8:00	Warning Bell	8:00	Warning Bell	8:00	Warning Bell
8:05-8:13	Homeroom	8:05-8:13	Homeroom	8:05-8:13	Homeroom
8:16-8:57	PD 1	8:16-8:57	PD 1	8:16-8:57	PD 1
9:00-9:41	PD 2	9:00-9:41	PD 2	9:00-9:41	PD 2
9:44-10:25	PD 3	9:44-10:25	PD 3	9:44-10:25	PD 3
10:28-11:09	PD 4	10:28-11:09	PD 4	10:28-11:09	PD 4
11:09-11:39	A LUNCH	11:12-11:53	PD 5/6	11:12-11:53	PD 5/6
11:42-12:23	PD 6/7	11:53-12:23	B LUNCH	11:56-12:37	PD 7/8
12:26-1:07	PD 8/9	12:26-1:07	PD 8/9	12:37-1:07	C LUNCH
1:10-1:51	PD 10	1:10-1:51	PD 10	1:10-1:51	PD 10
1:54-2:35	PD 11	1:54-2:35	PD 11	1:54-2:35	PD 11
2:35-3:05	After School Activities	2:35-3:05	After School Activities	2:35-3:05	After School Activities

## Today's Areas

- Staff Feedback
- Shared staff
- Feedback from other school districts
- Transportation
- Communications/Next Steps

## Staff Feedback

- Recognize that additional sleep would be beneficial for our students
- Asked the Board to ensure that any new schedule would at least match the current instructional time at BCTC for our students
- Asked the Board to ensure that any new schedule considers the schedules for staff that are split between two buildings
- Asked the Board to ensure any new schedule would support time for students/teachers to connect, meeting time for staff, and access to clubs for students and minimize impact on athletes traveling to other locations after school
  - 2:35 last class minimizes impact on student athletes

## Shared Staff

WASD Shared Staff		
<u>Staff Member</u>	<u>Subject</u>	<u>Current Schedule</u>
1	Art	JSHS - WREC - JSHS
2	Library	JSHS - WREC - JSHS
3	Music	JSHS - WHEC - JSHS
4	Music	WHEC/WREC – JSHS
5	PE	WREC - WHEC
6	Music	WREC - WHEC

**Principals would continue to meet with staff to finalize 2023-24 schedules**

# Feedback from Other School Districts

	School District Name				
	Wilson SD	Phoenixville SD	Unionville-Chadds Ford	Lake Lehman	Seneca Valley
Time Change Implemented	Grades 6-12 from 7:33 to 7:55 start	Grades 6-12 from 7:30 to 8:05 start	Grades 6-12 from 7:30 to 8:00 start	Grades 7-12 from 7:30 to 8:00 start	Grades 7-12 from 7:35 to 8:09 start
When was Change Implemented	2021	2019	2017	2018	2018
Feedback/Results	<ul style="list-style-type: none"> <li>Post-COVID decision</li> <li>More daylight available to walkers and drivers on way to school in AM</li> <li>Less students late for school</li> </ul>	<ul style="list-style-type: none"> <li>Change implemented prior to COVID</li> <li>Students positive about change and have adapted well</li> <li>Teacher &amp; Admin meetings moved to AM prior to student arrival</li> <li>Revamped breakfast service to grab &amp; go delivery before and during homeroom time</li> </ul>	<ul style="list-style-type: none"> <li>Students reported increase of 30 minutes sleep per pre/post survey data collected</li> <li>Less concussions and less students late for school</li> </ul>	<ul style="list-style-type: none"> <li>Positive feedback from students, staff and parents</li> <li>Teacher/Admin meetings moved to AM</li> <li>Less students late for school</li> <li>Better fit for students who are busy with extra-curricular activities that extend into the evening</li> </ul>	<ul style="list-style-type: none"> <li>Positive feedback from students and staff</li> <li>Eased arrival as separated teacher and student/parent car traffic</li> <li>Less students late for school</li> <li>Increased access to daylight in AM for portions of school year</li> <li>Increased participation in school breakfast</li> </ul>
Challenges		<ul style="list-style-type: none"> <li>2:55 end of student day has some impact on athletics</li> <li>They needed to extend the end of day for elementary school about 30 minutes</li> </ul>	2:43 end of school day has some impact on athletes needing early dismissal	Student day ends 2:50	<ul style="list-style-type: none"> <li>Worked with Athletic Department to end day at 2:41, minimizing impact on students</li> <li>Worked with transportation to ensure same amount of instruction was available for students at career center</li> </ul>
Considering Additional Change?	District is working with DM Group to study current schedules at three schools, including the HS	No additional changes being studied at this time.	District recently completed a second evaluation on start times and has opted to remain at 8:00 start at present time. Hopeful more schools in region make changes to ease conflicts.	No additional changes being studied at this time.	District is currently evaluating the 7-12 instructional schedule, which could allow the start time to be revised again. Original project goal was 8:30 start.

## Transportation Impact

- 2021-22 Transportation impact estimate for project was 5 additional bus runs at approximately \$250,000
- Based on draft schedule for JSHS 2023-24, impact is 5 additional bus runs at \$245,061
- WASD is estimated to be eligible for an additional \$88,081 in transportation reimbursement due to adding bus runs
- Estimated net impact to WASD is \$156,980

## **Communications**

### **Consultative Support from BCIU Communications Team**

- Website
- Email
- Social Media
- Video
- Support from BCIU

## Next Steps

- Board action November 21 or December 5?
- Work with staff and parents to implement for 2023-24
- Begin work on Phase II to study instructional schedule at the JSHS?