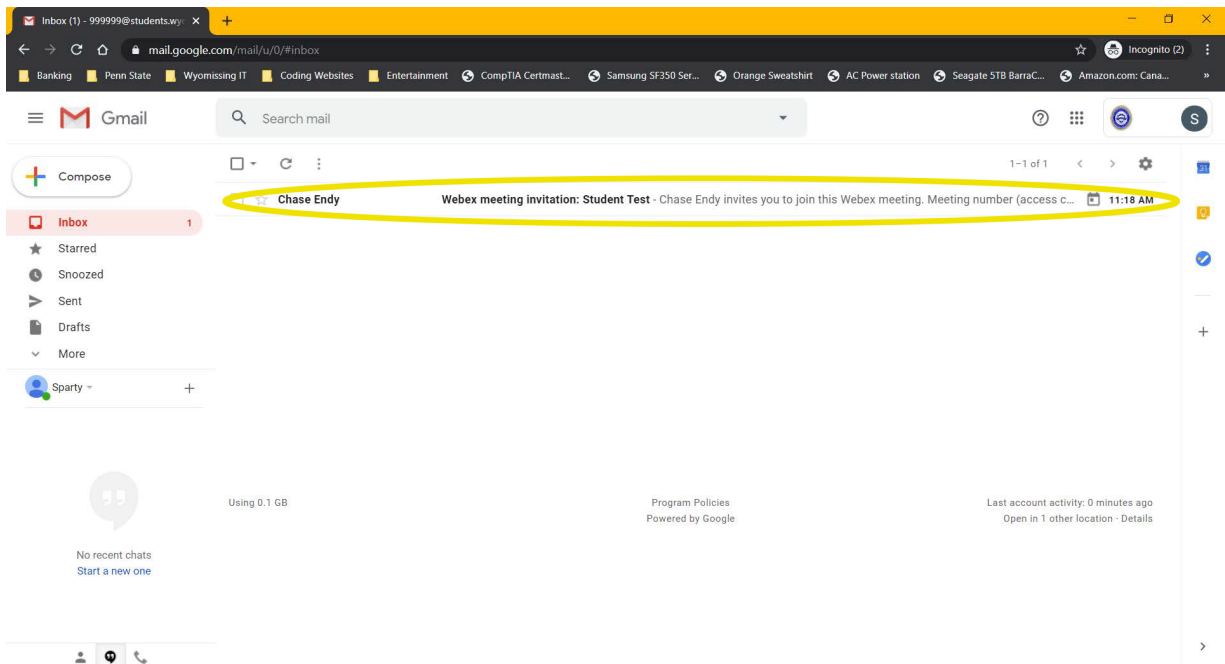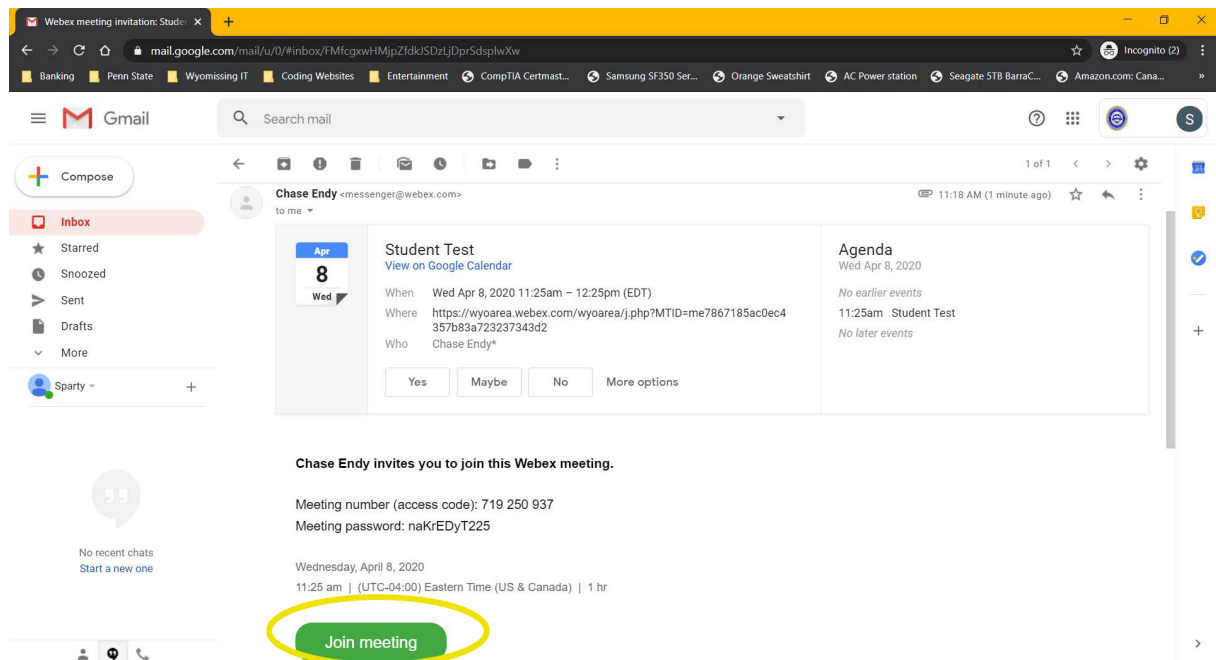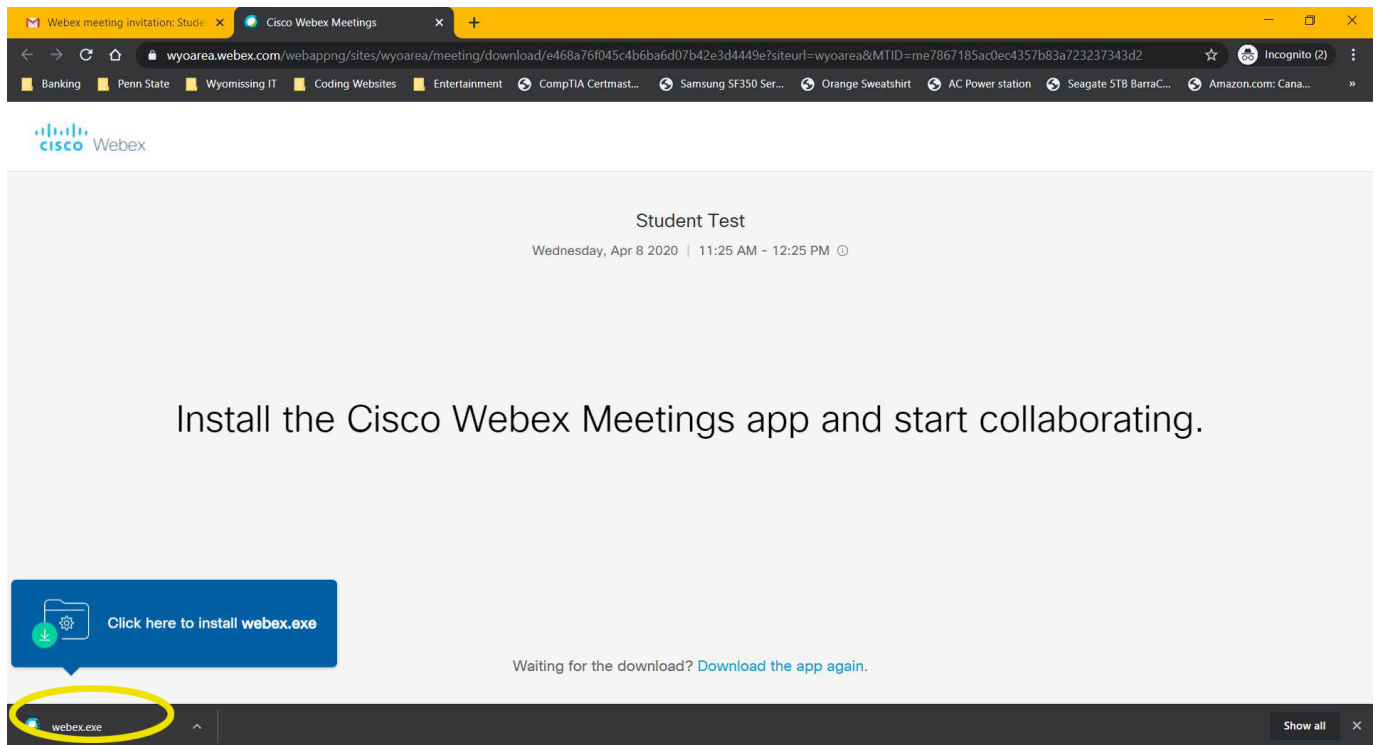# Joining Webex from an Email

An email will be sent every time that you have a scheduled meeting. You can join by going to your email and finding the Webex meeting invitation. Open the email.

After opening the email scroll down until you see Join meeting. Click this and you will be redirected to another window that will download an application called webex.

After the application downloads, click it to install. It will then open up a Cisco Webex Meetings Application.

From this menu click start meeting to join the meeting.